


Questionnaire



Before you begin talking about mental illness, it's often useful to assess how much students know and what their preconceptions are about mental illness. Giving your students the questionnaire on the next page before you begin can help you decide how to use the *Not Crazy* curriculum. Using the questionnaire after you've finished can help you determine how much they've learned and how their attitudes have changed as a result.

We would ask you to share the results of this questionnaire with us. In addition to helping us adapt the curriculum, we can also help you understand the results. We are happy to provide analysis of your questionnaires.

Please return completed questionnaires to:

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Age:

Gender:

1. I am interested in learning about mental illness.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

2. I am nervous about interacting with people who have mental illnesses.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

3. I can think of someone with a mental illness who has made an important contribution to society.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

4. I have a desire to work with people who have mental illnesses as part of my career.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

5. I have a good idea about what mental illness means after learning about it in school.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

6. I know where to go if I feel like I needed to get a friend or family member some mental health help.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

7. If mentally ill parents raised the children of "normal" parents, the children would probably grow up to suffer from a mental illness themselves

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

8. If parents loved their children more, there would be less mental illness

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

9. It would be unwise to marry someone with a mental illness, even if s/he appears to have fully recovered

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

10. It's possible to recover from a mental illness.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

11. Mental hospitals seem more like prisons than places where mentally ill individuals can receive treatment.

1	2	3	4	5
Disagree Totally		neutral		Agree Totally

- Schizophrenia or Psychosis
- Bi-polar Illness

35. I would have a problem being good friends with someone with: (check all that apply)

- Depression
- Anxiety Disorder
- Eating Disorder
- Substance Abuse
- Schizophrenia or Psychosis
- Bi-polar Illness

36. I feel like I could recover if I were diagnosed with the following illness: (check all that apply)

- Depression
- Anxiety Disorder
- Eating Disorder
- Substance Abuse
- Schizophrenia or Psychosis
- Bi-polar Illness

37. What would you like to learn about mental illness?
